Wellness Tip

Celebrate!

- Whether you’re Irish or not, make time to celebrate!
- St. Patrick’s Day celebrations include parades, parties, leprechaun traps, green themes, and more…let yourself have a little fun!

Some ways to celebrate!

Some kid friendly ideas!

- Upcoming Events!
  - Tough Turtle 2017!

Compliments of Lansing GO, Employee Wellness Committee!