

Protocol for Staff Returning to Work

If you have...

You may return...

COVID-19 related symptom(s)
+
Not tested



10 days after onset of symptoms if fever free (without fever reducing medication) and with improvement of symptoms for 3 days (72 hours)

COVID-19 related symptom(s)
+
Tested negative



with symptom improvement, including being fever free for 24 hours (without fever reducing medication)

AND

with a note from a healthcare provider indicating the test was negative

OR

with a copy of the negative test result

No COVID-19 related symptoms
(asymptomatic)
+
Tested positive



upon release from isolation by the Tompkins County Health Department or local health department of residence

Known COVID-19 exposure



upon release from quarantine by the Tompkins County Health Department or local health department of residence (14 days)

A member of your household with COVID-19 related symptoms



if you remain symptom free

AND

the person with COVID-like symptoms tests negative for COVID-19

traveled out of New York State for more than 24 hours
(excepting Pennsylvania, New Jersey, Connecticut, Massachusetts and Vermont)*



after obtaining a negative COVID-19 test within 3 days of departure from that state

AND

quarantining for 3 days upon arrival in New York

AND

obtaining another negative COVID test on day 4 of quarantine[#]

*See NYS COVID-19 travel advisory: <https://coronavirus.health.ny.gov/covid-19-travel-advisory>

[#]Both tests must be negative to exit quarantine early